



World Sailing

World Sailing Coach Scholarships

2025 - 2028

sport / nature / technology



A Brand New Opportunity

World Sailing is pleased to present the 2025-2028 Coach Scholarships, supported by the International Olympic Committee's Olympic Solidarity fund.

Following an in-depth review by the World Sailing development team and the World Sailing Development and Regions Committee with input from the World Sailing Coaches and Team Leaders Commission, the coming quad will provide two distinct pathways for coaches – offering skills and expertise from grassroots participation to elite performance.



Coach Scholarships

The updated programme will see two separate Coach Scholarship options, each providing different in-depth skills development for those who attend.

This means there are two options for Member National Authorities (MNAs), one supporting grassroots development and one for elite performance.

The scholarships will be run separately, with separate application processes.

World Sailing will notify MNAs of programme dates and the application process for each. Funding is available for coaches to attend programmes through Olympic Solidarity.

Performance Coach Scholarship

This programme aims to develop High Performance Coaches working at a National Level within their MNA. Attendees will be working with National Level Youth to Adult athletes and want to improve their skills and knowledge as a coach, as their athletes start to compete internationally.

Development Coach Scholarship

This programme is aimed at Coaches and Instructors with a drive to develop their grassroots sailing programme. The course will focus on the skills to teach sailing as well as how to develop a Learn to Sail Programme, how to run a sailing school and end with progressing to learn to race coaching.

To help MNAs plan for the programme, over the next four years the programmes will run as follows:



Performance Coach Scholarship

This programme aims to develop High Performance Coaches working at a National Level within their Federation. Attendees will be working with National Level Youth to Adult athletes and want to improve their skills and knowledge as a coach, as their athletes start to compete internationally.



Programme Length:

16 months



In-Person Attendance:

**Four week course in Portland, UK
Mid September - Mid October**



Remote Module 1

**Four sessions delivered online
Developing Performance**



Remote Module 2

**Four sessions delivered online
Developing Performance**





In-Person Course Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Arrival Day	Venue Orientation World Sailing Overview Introduction and Course Objectives	Powerboat Driving	Safety Boat	Safe Sport Development Planning	Psychology in Sailing	Project Day
Week 2	TCC Level 2 - Race Coach					Sailing Event Volunteering	Project Day
Week 3	Fitness/Physical Training Programmes	First Aid/ Safety Operations	Developing a National Sports Structure	Foiling	Nutrition	Meteorology	Project Day
Week 4	TCC Level 3 - Performance Coach					Project Presentations	Departure Day

During this in-person section of the course, the attendee will create a goal oriented personalised training programme to use with their athlete(s) in preparation to attend an international event. This training plan will be presented during the final day of the programme.

 Theory Based Workshop
 Practical Water-Based Activity

 Project Work
 Immersion Activities



Remote Modules

Following on from the in-person course, attendees will then take part in several online training modules.

Module 1 Developing Performance

This module will support coaches on their return home when they are working with their athletes again and will include sessions on Talent Identification, Programme Planning and Individual Athlete Development.

Module 2 Supporting Performance

The second CPD module looks to evolve the coach's knowledge as they begin to support their sailors competing in events and will include sessions on Event Preparation, Team Management and Planning, Principles of event support and Reviewing Performance.

Scholarship Outcomes

- ➔ Coaches will receive a year-long programme that can be applied to their own sailors and competitive landscape
- ➔ Coaches will receive in-depth high-performance knowledge that is applicable to all youth and senior performance pathways and equipment
- ➔ Coaches will use the knowledge and skills they have learnt at an international performance event
- ➔ Creates a National Performance Coach for a country who wants to build their own High-Performance Programme.

Development Coach Scholarship

This programme is aimed at Coach and Instructors with a drive to develop their grassroots sailing programme. The course will focus on the skills to teach sailing as well as how to develop a Learn to Sail Programme, how to run a sailing school and end with progressing to learn to race coaching.



Programme Length

12 months



In-Person Attendance

**Four week course in Portland, UK
Mid April - Mid May**



Remote Module 1

**Two sessions delivered online
Social Media and Booking Systems**



Remote Module 2

**Two sessions delivered online
Partnerships and Leadership**



Remote Module 3

**Two sessions delivered online
Marketing and Staffing**



In-Person Course Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Arrival Day	Venue Orientation World Sailing Overview Introduction and Course Objectives	Powerboat Driving	Safety Boat	Running a Training Centre	National Training Programmes	Project Day
Week 2	TCC Level 1 - Sailing Instructor					Sailing Event Volunteering	Project Day
Week 3	Developing Inclusive Sailing Programmes		Local Training Centre Visits	Windsurf/Wing/Multihull			Project Day
Week 4	TCC Level 2 - Race Coach					Project Presentations	Departure Day

During this in-person section of the course, the attendee will create a goal oriented personalised training programme to use with their athlete(s) in preparation to attend an international event. This training plan will be presented during the final day of the programme.

Online/Evening Modules: Sailing Programmes for Women & Girls, Safe Sport, Development Planning, Funding, Development Planning.

 Theory Based Workshop
 Practical Water-Based Activity

 Industry Links - Connect to Sailing
 Project Work

 Immersion Activities



Remote Modules

Following on from the in-person course, attendees will then take part in several online training sessions:

Module 1

Social Media

How Social Media can be used to market programmes, projects and events and how we utilise, track and understand data.

Booking Systems

Demonstrate a range of different booking systems and how they can be utilised and data collected and analysed.

Module 2

Partnerships

Training in how new partnerships can be formed and developed between organisations.

Leadership Training

How to effectively manage and build trust within a team, manage and delegate workloads and conflict resolution.

Module 3

Marketing

How to effectively market new and existing products and programme utilising a range of different tools such as Social Media, Canva, Flyer Posting and Key Messaging.

Staff Training

How to develop a team of volunteers and paid staff, ensuring all have the capability to perform the necessary roles within a Watersports Centre

Scholarship Outcomes

- ➔ Coaches will be able to run a Learn to Sail and Learn to Race Programme for Sailors of all ages
- ➔ Coaches will have a knowledge of running sailing centres and managing other coaches and volunteers
- ➔ Coaches will understand the structure and benefits of a national training programme
- ➔ Coaches will be able to develop a participation pathway for sailors to progress to racing.



World Sailing

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